

St David's Nursing Home

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"Living well every day"

February 2023

St David's Update on our Plans for Revamping Resident Menus & the current food offering.

As previously announced in our Survey Outcomes in November 2022 we would like to share with you our latest update on our plans for updating the food offering at St David's.

As this is very much for the residents we have devised a short survey (a copy is included with this update), and we have started to pass these out to all residents. Where someone may need additional assistance with their response we are able to assist but would appreciate that if you would like to be involved, this would be very much appreciated.

Our plan is to create a new menu which we will initially trial for a 4 week period. During the final week of this menu we will be having a Resident Meeting so that we may draw on the residents' likes & dislikes to finalise the menu. Moving forward we will use this new menu whilst the seasonal options are available to us. We will then look to update for seasonal availability of fruit, vegetables, meat and salads as we progress throughout the coming months.

As all the residents are aware we will do our best to accommodate as many of the individuals' requests as we can, we do however, acknowledge that it may not be possible to do this for every request. We will of course continue to support residents and families to ensure "special event" meals such as Wedding Anniversaries, special Birthday celebrations etc. If you have any such requests please let us know as soon as possible so that we can ensure that all requests may be catered for.

We look forward to seeing the residents' responses in the coming days and if you would like to be involved in the Resident's Meeting please let me know.

With very best wishes

Linda Cooke

Matron



St David's Nursing Home

Menu Choices Survey

February 2023

Further to our survey results published late 2022, we are now in the process of moving to "cooking from fresh". We know that many of you really enjoyed this during 2022 when our supply chain was affected.

With this in mind it would be really helpful if you would take a moment to answer our questions. This will help guide us on residents' choices when finalising the new menu for you.

We are looking to have a trial 4-week period using the new menu and then we will be having a resident meeting so that you can share your feedback with us. We will let you know the date of the meeting very soon.

We would very much appreciate any feedback that you may have regarding the following: -

- Is there a particular food/meal that as a resident you like, but we do not offer at the moment (give details).

- Is there a particular breakfast option that as a resident you like, but we do not offer at the moment (give details).

- Is there a particular lunch option that as a resident you like, but we do not offer at the moment (give details).

- As a resident would you like to have more roast options and if so, what would they be?

- As a resident are there any food options that are not well represented on the menu that you would prefer e.g. pasta, vegetarian etc (please give dish details, sauces etc)

- As a resident are there any additional suppertime finger food choices that we should be aware of as an option for you?

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- Do you have any other ideas or information that would assist us in offering all our residents an improved choice on our menu? (Please give any details)

Thank you for your time in completing this information. Your feedback is invaluable, and we hope to have the new menu available for you very soon.

Kindest regards

Linda Cooke

Resident Name: _____

Assistance provided by: _____