

St David's Nursing Home **STANDARD DIET**

Your Menu Choices for next week commencing 19th February 2024

Your Name.....

Room Number

Week THREE – Lunch Menu

Monday

Chicken Casserole	
Bolognaise Pasta Bake	
A Choice of Potatoes A Selection of Seasonal Vegetables	
Choice of Salads	
Chocolate Sponge served with Chocolate Custard/Cream	
A selection of Homemade Cold Desserts and Yoghurts and Fruit	

Tuesday

Savoury Mince with Dumplings	
Fish Pie topped with cheesy mashed potatoes	
A Choice of Potatoes A Selection of Seasonal Vegetables	
Choice of Salads	
Strawberry Jam Sponge & Custard/Cream	
A selection of Homemade Cold Desserts and Yoghurts and Fruit	

Wednesday

Roast Chicken with traditional Accompaniments	
Oven-baked sausages served with onion gravy & Yorkshire Pudding	
A Choice of Potatoes A Selection of Seasonal Vegetables	
Choice of Salads	
Summer fruit sponge served with Custard/Cream	
A selection of Homemade Cold Desserts and Yoghurts and Fruit	

Thursday

Homemade Chicken Curry served with Naan Bread & Savoury Rice	
Salmon Fillets served with a Creamy Sauce	
A Choice of Potatoes A Selection of Seasonal Vegetables	
Choice of Salads	
Lemon & Curd Sponge served with Custard/Cream	
A selection of Homemade Cold Desserts and Yoghurts and Fruit	

Friday

Battered Cod served with Tartare Sauce	
Chicken & Vegetable Pasta Bake with garlic bread	
A Choice of Potatoes	
A Selection of Seasonal Vegetables	
Choice of Salads	
Cherry Crumble Served with Custard/Cream	
A selection of Homemade Cold Desserts and Yoghurts and Fruit	

Saturday

Cottage Pie	
Pork Stir Fry & Noodles	
A Choice of Potatoes	
A Selection of Seasonal Vegetables	
Choice of Salads	
Cherry Crumble Served with Custard/Cream	
A selection of Homemade Cold Desserts and Yoghurts and Fruit	

Sunday

Roast Chicken served with traditional accompaniments	
Roast Lamb served with traditional accompaniments	
A Choice of Potatoes	
A Selection of Seasonal Vegetables	
Choice of Salads	
Rice Pudding served with warm strawberry jam and cream	
A selection of Homemade Cold Desserts and Yoghurts and Fruit	

Completed By