

St David's Nursing Home STANDARD DIET

Your Menu Choices for next week commencing March 11th, 2024

Your Name.....

Room Number

Lunch Menu

Monday

✓ Salmon in Sweet Chilli Sauce		✓
✓ Chicken & Vegetable Casserole served with homemade dumplings		✓
✓ A Choice of Potatoes		✓
✓ A Selection of Seasonal Vegetables		✓
✓ Choice of Salads		✓
✓ Vanilla sponge served with warm cherry compote served with Custard/Cream		✓
✓ A selection of Homemade Cold Desserts and Yoghurts and Fruit		✓

Tuesday

✓ Homemade Cottage Pie		✓
✓ White Fish Fillets served with a Creamy Cheese Sauce		✓
✓ A Choice of Potatoes		✓
✓ A Selection of Seasonal Vegetables		✓
✓ Choice of Salads		✓
✓ Syrup sponge served with Custard/Cream		✓
✓ A selection of Homemade Cold Desserts and Yoghurts and Fruit		✓

Wednesday

✓ Roast Beef & Traditional Accompaniments		✓
✓ Homemade Vegetable Lasagne		✓
✓ A Choice of Potatoes		✓
✓ A Selection of Seasonal Vegetables		✓
✓ Choice of Salads		✓
✓ Mixed Berry Crumble & Custard/Cream		✓
✓ A selection of Homemade Cold Desserts and Yoghurts and Fruit		✓

Thursday

✓ Toad in the Hole		✓
✓ Beef Casserole		✓
✓ A Choice of Potatoes		✓
✓ A Selection of Seasonal Vegetables		✓
✓ Choice of Salads		✓
✓ Chocolate Sponge & Sauce served with Chocolate Custard/Cream		✓
✓ A selection of Homemade Cold Desserts and Yoghurts and Fruit		✓

Friday

Battered Cod served with Tartare Sauce	
Savoury Minced Beef	
A Choice of Potatoes	
A Selection of Seasonal Vegetables	
Choice of Salads	
Lemon Sponge topped with lemon curd Served with Custard/Cream	
A selection of Homemade Cold Desserts and Yoghurts and Fruit	

Saturday

Chicken Tikka Masala served with rice	
Oven-baked sausages served with gravy	
A Choice of Potatoes	
A Selection of Seasonal Vegetables	
Choice of Salads	
Rice Pudding served with Jam	
A selection of Homemade Cold Desserts and Yoghurts and Fruit	

Sunday

Shepherd's Pie made with minced lamb topped with cheesy mashed potatoes	
Roast Pork served with traditional accompaniments	
A Choice of Potatoes	
A Selection of Seasonal Vegetables	
Choice of Salads	
Posh Bread & Butter Pudding served with Custard/Cream	
A selection of Homemade Cold Desserts and Yoghurts and Fruit	

Completed By