

St David's Nursing Home

52, Common Lane Sheringham Norfolk NR26 8PW

Tel: 01263 822671 Fax: 01263 820005

Email: enquiries@st-davids.com

www.st-davids.com  /StDavidsNH



"Living well every day"

Spring 2024

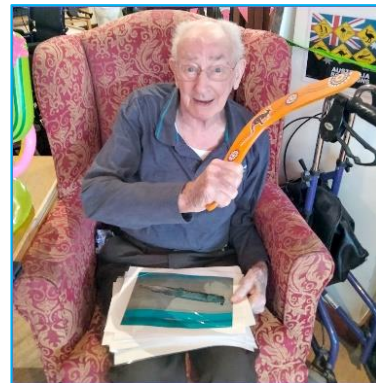
St. David's Newsletter for Family and Friends



Hello. In this newsletter, we share some wonderful photos of a few of the events that residents and staff organised to brighten up the past couple of rainy months. Our plans for celebrating an early Easter can be found towards the end of the newsletter. We are all hoping for some dryer, warmer weather soon, so that residents and their family and friends can enjoy the St. David's gardens.

Australia Day

Thinking about Australia Day in January inspired many residents. Residents enjoyed researching the flora and fauna of the continent. They created colourful posters and designed a 'bush tucker trial' for the event. The day was very busy with inflatable games, the bush tucker trial, a quiz on Australia and various items from Australia that spurred interesting discussions. The menus of the day also reflected the Australian theme.



Valentine's Day

Residents and St. David's staff made this a day to remember! Residents created gorgeous cards for friends and family. Heart shaped balloons and streamers caught the eye wherever one looked. Many residents wore pink or red to celebrate the day. Friends and family gathered over a champagne afternoon tea and enjoyed listening to 'Darrin Sings' perform songs from the 50s and 60s.



World Book Day

There was a flurry of activity before World Book Day as residents focused on creating displays to showcase their favourite books.

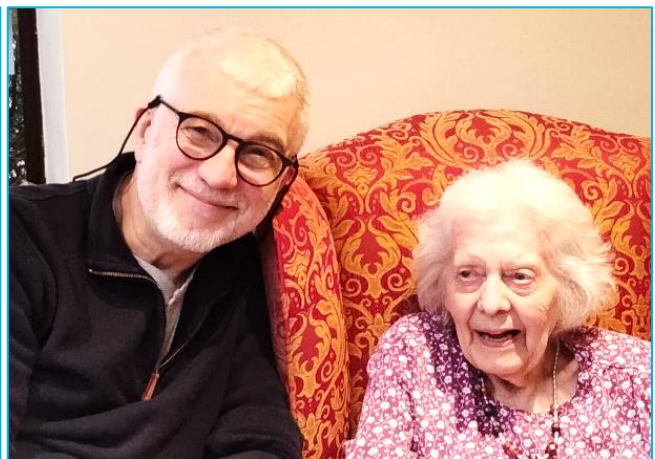


On the day itself, Little Red Riding Hood and the Big Bad Wolf stalked the halls of St. David's visiting residents. As you can see the 'Wolf' was a hit. In the afternoon, residents discussed their favourite authors and books and explained why they had chosen to create a specific display. There was also a book themed quiz.



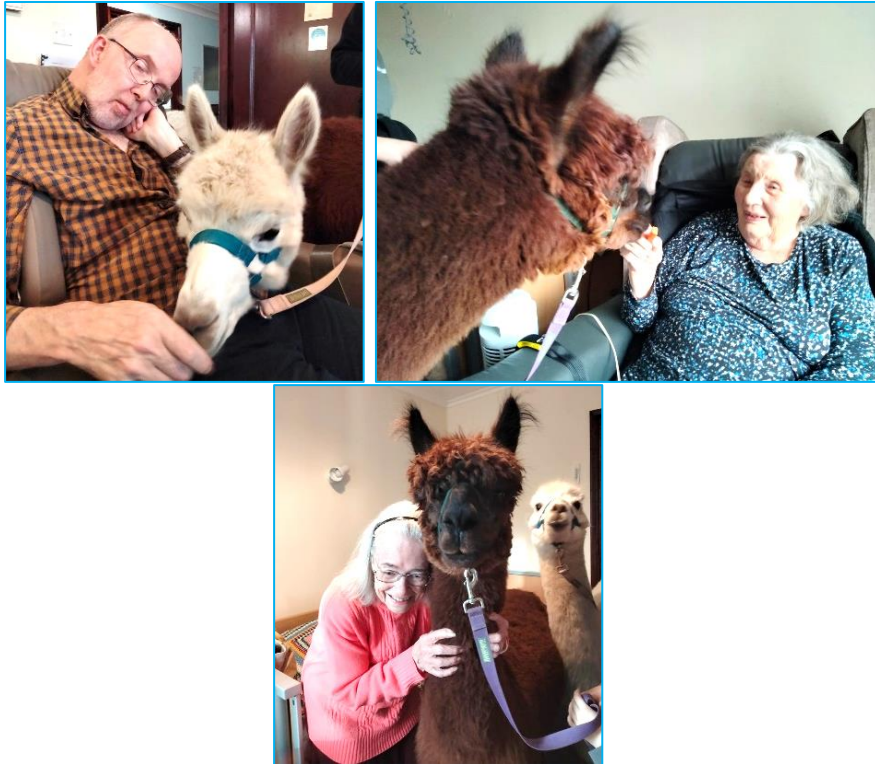
Mothering Sunday

It was lovely to have so many visitors on Mothering Sunday. The afternoon tea started with a welcome glass of bubbly. All of the ladies were presented with a Mothering Sunday gift bag reflecting their interests. The entertainer for the afternoon was Vernon Brown who performed a wide selection of residents' favourite songs. Of course, there was a wonderful tea to complete the afternoon.



Four Legged Friends

Residents were delighted when the much-anticipated visit from Lemmy and Bea occurred. The alpacas met residents in the Conservatory or in their rooms. It is quite riveting for all to see the alpacas saunter down the hallways.



Pub Themed Afternoons

Transforming the Conservatory into a Pub for an afternoon has proved to be very popular with residents. Over a drink, residents can enjoy pub style snacks and start playing competitive games. There are often multiple groups playing dominos, while other people prefer cards, darts or Jenga.





Plans for Easter

Our plans for Easter are slightly different from other years, as we will also be celebrating two birthdays in the week before Easter.

Arts and Crafts

Decorating Easter Eggs

2pm, Wednesday, 20th March 2024

Residents' Meeting

Planning the Easter Service

2pm, Thursday, 28th March 2024

Easter Communion Service

Led by St. Peter's Church, Sheringham

2pm, Friday, 29th March 2024

Easter Sunday

'Sing for Joy' Easter Day Service

2pm, Sunday, 31st March 2024

Easter Monday

Our Easter Party and Raffle Draw

2pm, Monday, 1st April 2024



We look forward to seeing you soon at St. David's.
Kind regards

Linda Cooke, Matron, RGN