

St David's Nursing Home

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Winter 2022

"Living well every day"

St. David's Newsletter for Family and Friends



Hello. Christmas and the New Year are just around the corner. The lights and decorations are going up throughout St. David's.

In this newsletter, we will highlight some of the activities residents have enjoyed over the last few months and outline our plans for Christmas.

Alpacas

Seeing is believing... Alpacas using the lift to visit residents on the first floor! The visit from the Alpacas, Boss and Lemmy, was a delight. They were very friendly and enjoyed having their soft coat stroked. The Alpacas loved eating the apple slices residents offered them. Residents could also feel and compare items made from Alpaca fibres such as a scarf and a mat.



Manager – Linda Cooke RGN

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Halloween Party

Residents wore a wide range of outfits to the Halloween Party. There were traditional witches' hats, but also some more gory headgear. In addition to indulging in spooky treats, residents played several spooky games; such as daring to put your hand in the 'haunted hole' which produced eyeballs, spiders or even a finger.



Celebrations

We enjoy planning and celebrating birthdays and other special occasions with residents. This year we were privileged to celebrate a 105th birthday!



Music

Residents have varied taste in music. We have live performances regularly. The performers are chosen by the residents. They enjoy musicians who have a wide repertoire and who encourage their audience to join in.



Creativity

Residents enjoy meeting to create decorations or baking for specific events. It is also an opportunity to reminisce and share their past experiences.



Christmas Activities

The decorations are up all over the home, inside and out. Many of the tree decorations have been created by the residents.

We will be having a Christmas Raffle organised by the residents with a wide variety of prizes. A strip of tickets is £2.00 and will be available from the reception desk as you sign in.

	Friday, 16 th December	<i>Christmas Entertainment 'Darrin Sings'</i>
	Sunday, 19 th December	<i>'Sing for Joy' Advent Service</i>
	Monday, 20 th December	<i>Pantomime 2.30 pm 'Jack and the Beanstalk'</i>
	Wednesday, 21st December	<i>2.30pm Christmas Show 'BarryTone'</i>
	Thursday 22 nd December	<i>2.30pm Residents' Christmas Party</i>
	Friday, 23 rd December	<i>Carols by Candle Light</i>
	Sunday, 25 th December	<i>Santa and Elves Visit, Christmas Lunch</i>
	Monday, 26 th December	<i>Boxing Day Quiz with Prizes</i>
	Wednesday, 28 th December	<i>2.30pm Anthony Shiels performs</i>
	Saturday, 31 st December	<i>2.30pm Residents' New Year's Eve Party</i>



We hope to see you over the Christmas holidays.

Best wishes for Christmas and the New Year

Linda Cooke, RGN, Matron