

St David's Nursing Home

52, Common Lane Sheringham Norfolk NR26 8PW

Tel: 01263 822671

Email: enquiries@st-davids.com

www.st-davids.com [f/StDavidsNH](https://www.facebook.com/StDavidsNH)



"Living well every day"

Spring 2025

St. David's Newsletter for Family and Friends



Hello. As the days grow longer and the gardens bloom with colour, we welcome the joys of spring at St. David's Nursing Home. This newsletter highlights some of the wonderful activities that have happened at St. David's over the last three months. Our plans for celebrating Easter can be found towards the end of the newsletter.

Literary Day

Residents celebrated the joys of literature and poetry with exuberance when they gathered in the Conservatory. Inspired by 'The Great Gatsby' many people dressed up as characters from the novel. After a quiz and poetry readings, residents then moved to the sounds of the Charleston!



Manager – Linda Cooke RGN

Lakeshore Healthcare Limited – Registered in England & Wales No: 5880791

Registered Office: Lakeshore Healthcare Limited, 80 Grove Lane, Holt, Norfolk, NR25 6ED

Mothering Sunday

The residents had a lovely Mothering Sunday 'Sing for Joy' service. The conservatory was adorned with vases of daffodils. A poem chosen by the residents was read out during the service by a resident's daughter Katherine. The reading, hymns and prayers were chosen and read by residents. Family and friends joined us for the afternoon. All the ladies received a Mothering Sunday gift and these were opened during the afternoon tea.



Four-legged friends

Luna (a Toy Poodle) is a long-standing, much-loved visitor to St. David's. More recently residents have also had the opportunity to meet Saffy (a Cocker Spaniel). There are smiles all round when these pets visit



Birthday Celebrations

Residents enjoy organising their birthday celebrations. One resident celebrated her 102nd Birthday with a Swing and Spring Act that included music and comedy.



Another resident celebrated her 100th birthday by requesting a game-themed afternoon including playing darts, dominos and rummikub.



Live Entertainment

Residents are very involved in planning the weekly activities and make sure that the live entertainment at St. David's is varied. So far this year, residents have watched opera singers, pianists, a ukulele band, singers covering the golden standards and a magician. What all the performers have in common is the ability to engage with their audience. All the residents enjoy singing along and moving to the rhythm.



New Rooms ready for Spring

Our room renovation project is complete. Our new resident ensuite rooms are now ready for occupancy, just in time to look at the gardens as they bloom over Spring and Summer. The freshly painted corridors and updated furnishings have brought a bright, cheerful atmosphere to this wing of our home.





Plans for Easter

Arts and Crafts for Palm Sunday	2.00pm Tuesday, 9 th April
Palm Sunday 'Sing for Joy Service	2.15pm Sunday, 13 th April
Maundy Thursday Communion Service – led by St. Peter's Church	1.15pm Thursday, 17 th April
Easter begins at St. David's	2.00pm Good Friday, 18 th April
Easter Entertainment with Emily	2.00pm Saturday, 19 th April
Easter Eggs + Easter Sing for Joy Service	2.15pm Easter Sunday, 20 th April
Easter Quiz Afternoon	2.00pm Easter Monday, 21 st April





Easter Sunday Menu



**Roast Lamb or Honey Glazed Gammon
Served with Traditional Accompaniments**

**Roast or Creamed Potatoes
with Seasonal Vegetables**



Homemade Sherry Trifle

**'Hot Cross Bun' Bread & Butter Pudding Served with
Custard or Cream**



Finger Buffet for Supper with Hot Dishes



We do hope that you will be able to join us for one of these Easter events.
Best wishes

Linda Cooke, Manager, RGN