

St David's Nursing Home

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"Living well every day"

Summer 2025

St. David's Newsletter for Family and Friends

Hello. Summer has well and truly arrived at St. David's, bringing with it longer days, plenty of sunshine, and opportunities to enjoy the gardens. Here are some of the celebrations and activities that have taken place over the last couple of months.

Father's Day

On Father's Day, each of our male residents received a gift tailored to them and wished a happy fathering Sunday. There was a 'Sing for Joy' fathering Sunday service with refreshments served afterwards. Bill Luxford entertained residents by playing the piano and singing songs. The residents enjoyed singing along with him.



Manager – Linda Cooke RGN

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Victory – Europe (VE Day) - 80th Anniversary

Union Jacks and bunting decorated every surface of the conservatory as St David's prepared to celebrate the 80th Anniversary of VE Day. Some of our residents participated in the original celebrations and shared their memories of the event with all of us. There was a brief taste of rationing; old-fashioned scales were used to weigh out the weekly allowance of only two ounces of sweets! The afternoon featured a quiz, which was followed by a performance of Vera Lynn songs and a wonderful tea.



Celebrating 'Alice in Wonderland'

The idea of celebrating Alice lent itself to a flurry of resident artistic activity that stretched over a couple of weeks. The initial activity involved painting teacups for the Mad Hatter's Tea Party.



Residents then created dioramas depicting various aspects of Alice's adventures. As you can see this required a great deal of dexterity and concentration. The scenes were placed in the reception area and conservatory for visitors and residents alike to admire.



Everything came together for a fabulous Mad Hatter's Tea Party. The Queen of Hearts presided over the proceedings. Residents played "Orf with her Head" over a card game. If the answer was incorrect a ball, rather than a head, was thrown into the basket. There were invitations to 'Drink Me' and 'Eat Me'. There was much amusement as the afternoon ended with a display of the Cheshire Cats drawn by staff and residents with their eyes closed!



Enjoying Summer in the St. David's Gardens

Residents have been exploring the gardens to find their favourite spot in the sun. Many like the patio right in front of the conservatory. Others prefer the shade of the trees in the main garden or to listen to the fountain.



Wimbeldon Celebration!

Our Wimbledon afternoon moved indoors as residents decided that it was a little too hot to be outside! They chose to sit in the conservatory with the patio doors open. Later, when it became a little cooler, some residents sat out on the patio under the parasols. Residents were served strawberries and cream and a glass of pimm's. There were photographs of famous tennis players from over the decades for residents to discuss and identify.



- 1.) Who is the oldest person to win the Grand Slam
- 2.) Who is the oldest player to play professionally in Tennis
- 3.) Who is the first English player to win the Wimbledon cup at tennis (bonus point if you can guess the year)
- 4.) What was the largest attendance for a tennis match
A.) 35,000 B.) 45,000 C.) 52,000
- 5.) How long is the shortest tennis match?
A.) 25 Minutes B.) 18 Minutes C.) 10 Minutes
- 6.) Shortest tennis player to play professionally
A.) Lauren Davis B.) Amanda Coetzer C.) Rafael Nadal
- 7.) Tallest Player to play tennis professionally
A.) Amanda Coetzer B.) John Isner C.) Reilly Opelka
- 8.) What was the fastest serve in tennis?
A.) 151 MPH B.) 164 MPH C.) 310 MPH

Dreams can come true...

Do you recognise the little girl? Please congratulate her when you see her. This year she realised her childhood dream and became a fully qualified Registered General Nurse (RGN) through the Nursing Apprenticeship route



She has been a trail blazer for the organisation; we are so proud of her. The apprenticeship is a demanding route. It requires graduating with a Nursing degree, taking up placements at a variety of hospital and medical facilities as well as working at St. David's! We now have another member of staff entering the third year of their Nursing Apprenticeship. Two more staff will embark on the program in September.



2025 Summer Fete Saturday, 30th August 2025, 2pm-5pm

Please join us for our Summer Fete. All ages are welcome to join us for fun and games in the main garden. There will be a BBQ and refreshments. You will be able to browse cake and table-top stalls. There are prizes to win if you take part in the Tombola or Raffle.

We look forward to seeing you soon.
Best wishes

Linda Cooke, Matron, RGN